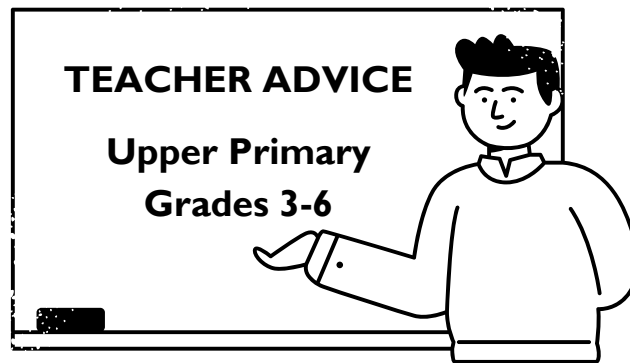


UPPER PRIMARY

Why do people go hungry?

Welcome! World Vision is excited to share this special curriculum series aimed at providing primary students with the opportunity to begin their journey as world ready global citizens. Each unit has been developed to maintain flexibility within the curriculum and covers a range of general capabilities. In a time when hope and perspective is needed more than ever, we wish you and your students well as you journey alongside the world's most vulnerable children.

SO, LET'S GO. IT'S TIME TO ACT.



INQUIRY QUESTION: WHY DO PEOPLE GO HUNGRY?

Materials required

- Printed worksheets
- Student access to a device or supermarket catalogues
- Pencils

Tips for tailoring to grades 3-4

- What's in your supermarket trolley activity - To simplify student choices and the time it takes for them to decide on food products, provide them with a hard copy of a supermarket specials catalogue from any supermarket chain. They could then cut up the items and place them into their trolley. To simplify the task use dollar amounts only and disregard the cents.
- Making a meal activity - After watching the clip, encourage students to share/document the challenges they saw regarding meal preparation. Follow by asking students to compare these challenges to their family's meal preparation process/experience.
- Tug-of-war - Encourage students to role-play tug of war in pairs. One student as Akira, one as themselves. This may assist in hypothesising their response to the activity.

Tips for tailoring to grades 5-6

- What's in your supermarket trolley activity - Access a supermarket special catalogue online or a hard copy to make healthy choices with only \$14 to spend for the week. Students can take this further and identify why they have labelled each item a healthy or unhealthy choice. Question: Would it leave you with lots of energy or very little? Some students may wish to investigate it further and identify what nutrient would be dominant in each item.
- Balancing the scales activity - For extension, ask the students, are your scales heavy enough? Draw a line across at the angle you think the scales would tip to.
- Making a meal activity - For extension, ask students to guess how many minutes each task would take for the family in the clip. Then compare to time taken to prepare food in their own family.
- Will I eat today activity - This activity looks at the reasons why people go hungry. Ask students to assess the decision chart and provide reasons why Akier may go hungry. Then brainstorm why these reasons aren't typically an issue in Australia.
- Personal reflection activity - Provides an opportunity for young leaders to realise their potential to help the world's most vulnerable children. Challenge students to brainstorm ways they could raise funds as a school to help support children facing famine.
- For more information on how your students can donate to children facing famine, please view this link <https://www.worldvision.com.au/child-hunger-appeal>

SUPPORT MATERIAL

FACTS ON HUNGER

What is hunger?

In the context of this unit for primary aged children, we have referred to hunger as a simplified term to describe food insecurity (ranging from malnourishment caused by compromised food quality, quantity and skipping meals to chronic undernutrition (no food for a day or more).

Why do people go hungry?

COVID-19 has exacerbated pre-existing reasons for the global hunger crisis and is triggering a pandemic of child malnutrition.

- Unemployment is increasing, which means that healthy food is becoming increasingly unaffordable.
- Access to essential nutrition services in low and middle-income countries has reduced by 40% during the pandemic. This means that countless people are missing out on potentially life-saving early detection and treatment of malnutrition.
- School closures have meant that 370 million children missed out on an estimated 39 billion in-school meals during the pandemic. For many children, a school meal was their most reliable source of nutritious food.
- Climate change continues to impact land productivity and consequently food availability through drought, floods and locust plagues to name a few.
- Food prices hit a 10-year high during COVID-19, soaring 40% above costs a year earlier. The pandemic has disrupted food chains (transportation, labour, seeds, fertiliser), increasing prices. Retail food prices have risen at its greatest in poor countries where food accounts for a larger share of household budgets. Since the pandemic was declared, Australia's food prices rose by an average of 3.5%. This was dwarfed by food prices increases in many low-income countries. For example: Myanmar 53.5%, Mozambique 38.3%, Vanuatu 30.9%.
- Food staples that we often take for granted in Australia are either unaffordable or inaccessible for many families around the world. See the practical comparison below:

FOOD AFFORDABILITY

World Vision compared the cost of a food basket of 10 items in 31 countries



According to World Vision research, a food basket of ten common food items costs*

1 hour	of work in Australia	2 days'	work in Lebanon	6 days'	work in Chad
1 day's	work in Cambodia	3 days'	work in the Solomon Islands	6 days'	work in the Democratic Republic of the Congo
1.5 days'	work in Kenya	3.5 days'	work in Uganda	8 days'	work in South Sudan

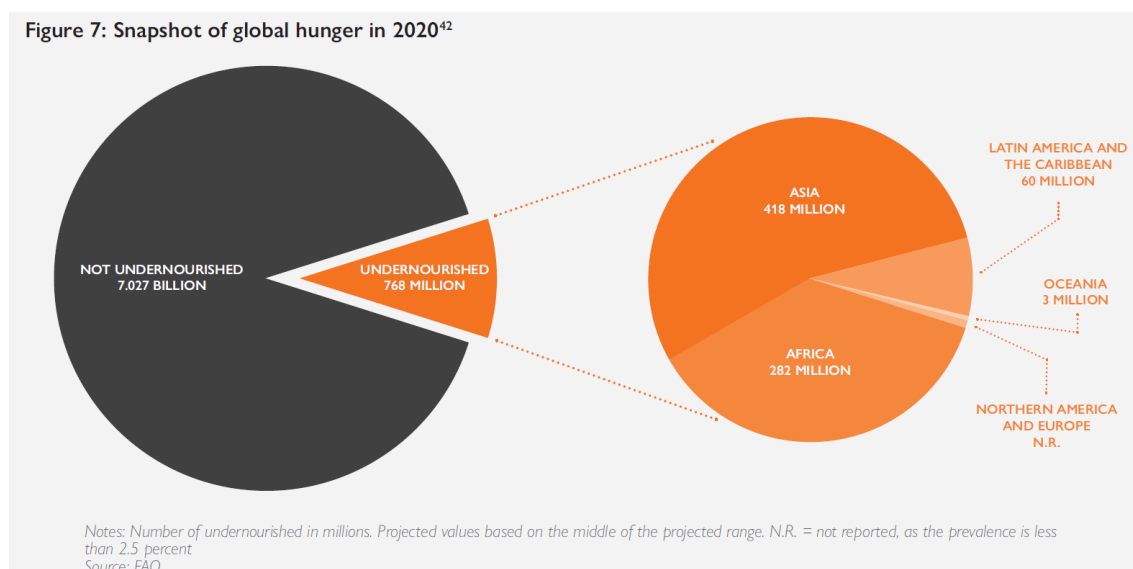
*The 10 common food items included sweet bananas, rice, wheat flour, raw sugar, corn cobs, cooking oil, a raw chicken, tomatoes and milk.

SUPPORT MATERIAL

FACTS ON HUNGER

How many people are hungry? Where are they?

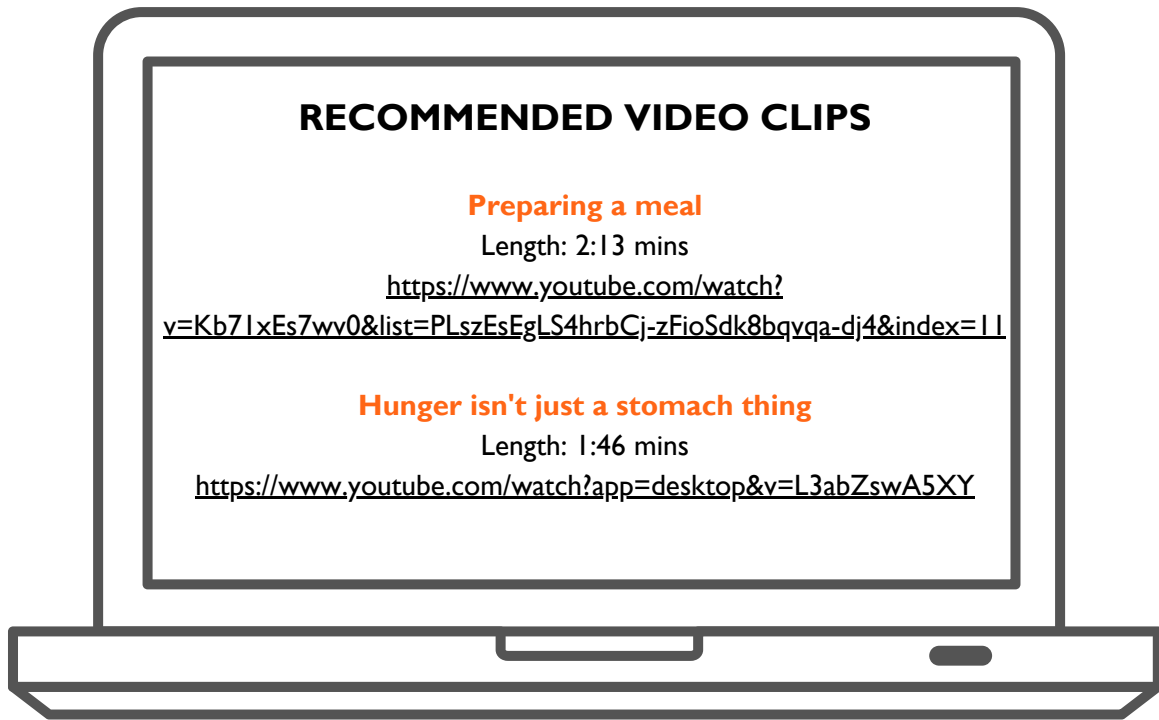
- 161 million more people faced hunger in 2020 compared to 2019.
- More than 41 million people are currently suffering emergency levels of food insecurity and are teetering on the brink of famine.
- It is likely now that acute hunger is killing more people than COVID-19.
- Regions affected by hunger vary, see graph below:














Price Shocks Report 2021, World Vision Australia, Pg 12, Ref #9021

How does World Vision help people who experience hunger?

- Every 60 seconds a hungry child is fed through the generous support of World Vision's donors.
- 105 million metric tonnes of food has been delivered in 16 countries to meet emergency food needs since COVID-19.
- World Vision runs many programs to meet the nutritional needs of vulnerable children and families:
 1. School meals program can provide regular nutritional support through one meal each day for every student and/or monthly food rations for their family.
 2. Food for work program brings local families together to work on community development initiatives. In return, each worker receives food for their family.
 3. Sustainable farming programs educate families on strategies to increase land productivity and yield for family consumption. Sometimes there is excess produce to sell at markets, which increases the household income.
 4. Emergency food supplies and cash vouchers give vulnerable families the ability to have immediate access to food or purchase vital food items in a crisis.



CURRICULUM LINKS

ACTIVITY	PERSONAL & SOCIAL CAPABILITY	CRITICAL & CREATIVE THINKING	ETHICAL UNDERSTANDING	INTERCULTURAL UNDERSTANDING
What's in your supermarket trolley?				
Balancing the scales				
Making a meal Tug of war				
Decision chart & personal reflection				



Akier's Story

Akier is 12 years old and lives in Sudan. He hasn't been in school since March 2020 due to the COVID 19 pandemic and he really misses school.

The weather has been really dry this year so his family have not planted anything because there is no water for plants to survive. This means that his family is often left hungry with no food.

During the day, instead of being at school, Akier sometimes begs on the street for food. Other days he gathers firewood from the forest to sell. His family use this money to buy food. Often Akier goes to sleep with a grumbling, sore stomach and wakes up feeling the same most days. Some days it is difficult for him to find the energy to stand up.

Akier hopes to be back in school again where he can learn and receive lunch again. He dreams of being a pilot someday.

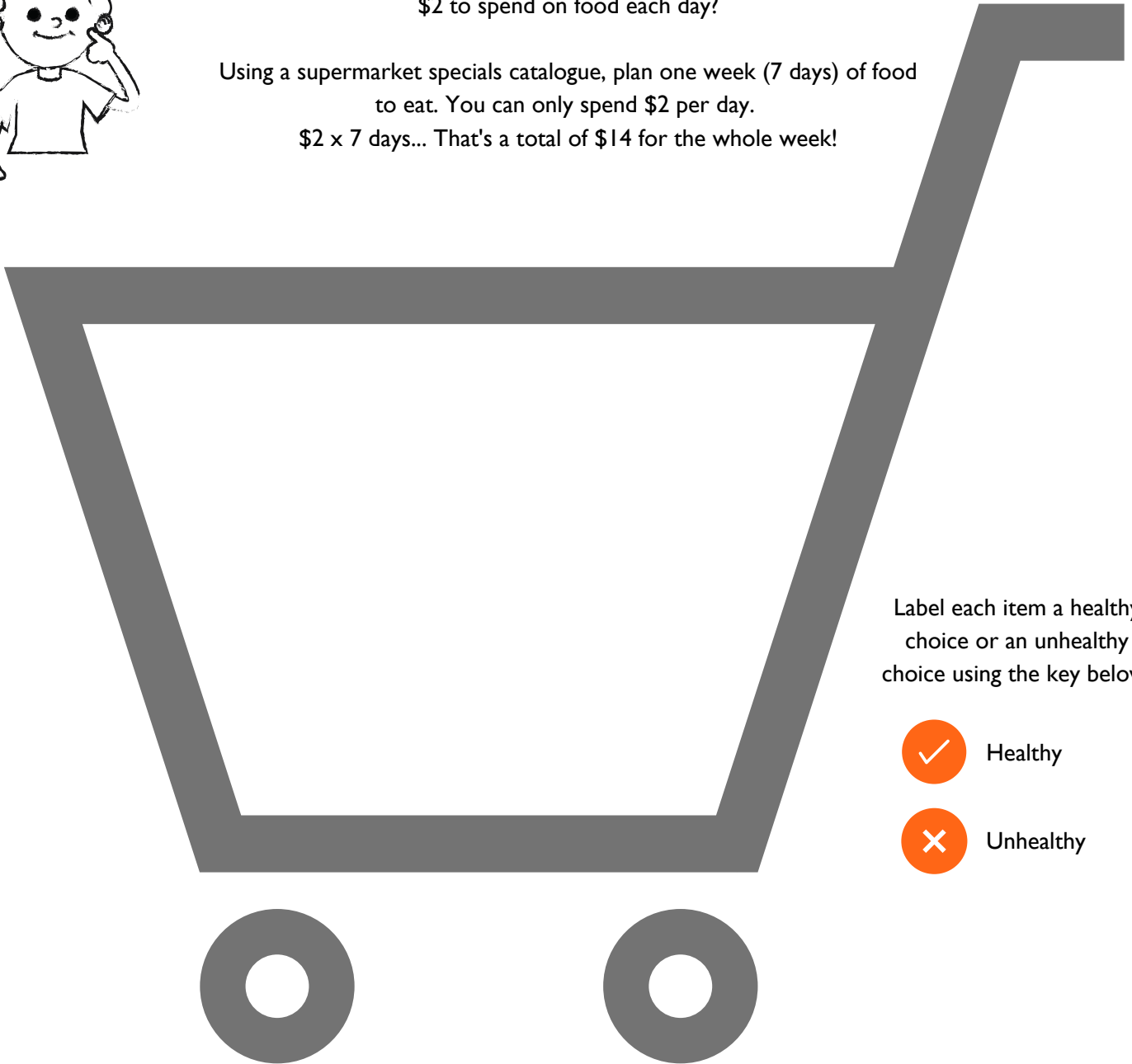
Have you ever felt really, really hungry? Use words or pictures to describe how this felt to you. What would you do if you didn't have any food?



What's in your supermarket trolley?

Some people, like Akier, have less than \$2 a day to spend on food.
What would your supermarket trolley look like if you only had \$2 to spend on food each day?

Using a supermarket specials catalogue, plan one week (7 days) of food to eat. You can only spend \$2 per day.
\$2 x 7 days... That's a total of \$14 for the whole week!



Label each item a healthy choice or an unhealthy choice using the key below:



Healthy



Unhealthy

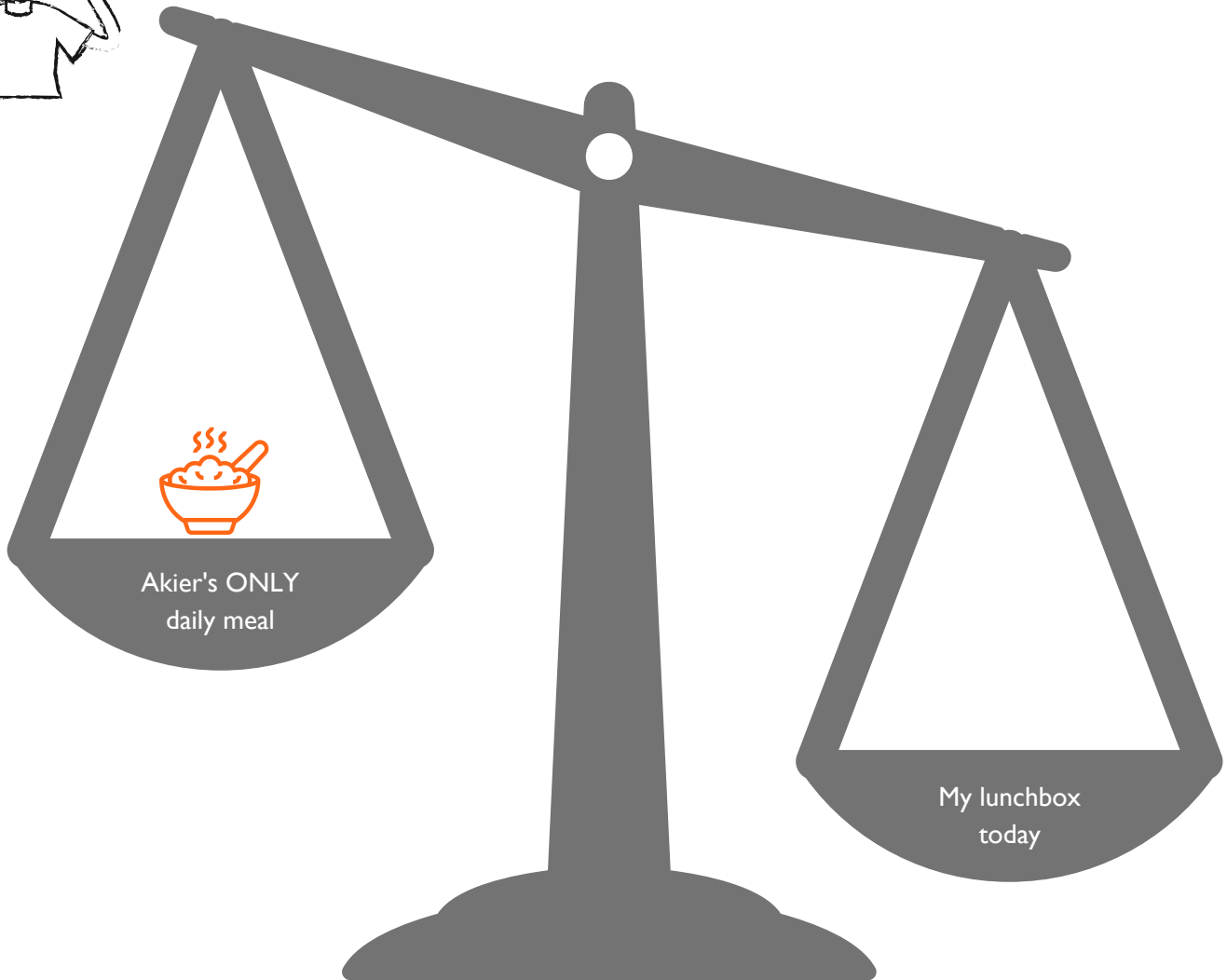
To see what your **ONLY** meal today could be, close your eyes and point to your shopping trolley.
How would you feel if you had a 'lucky dip' of **ONLY** one item from your trolley each day?



Balancing the scales

Akier is likely to eat plain porridge or stew for his daily meal.

Draw the items in your lunchbox today.

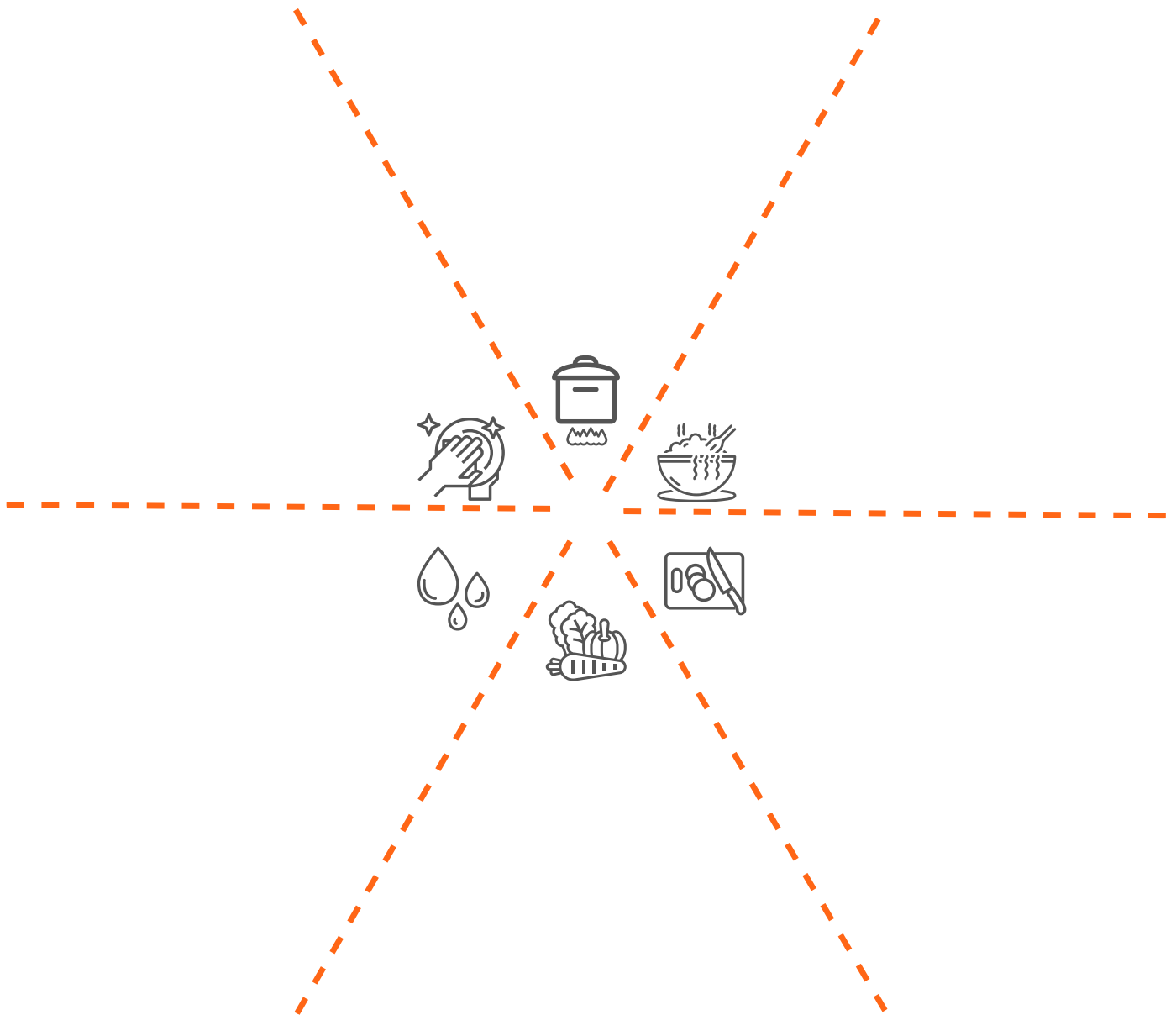


How do these scales make you feel? Why?
What are you grateful for in your lunchbox today?



Making a meal

Watch the clip 'Preparing a meal'.
What challenges could this family have faced in preparing a meal?
Compare to your family.



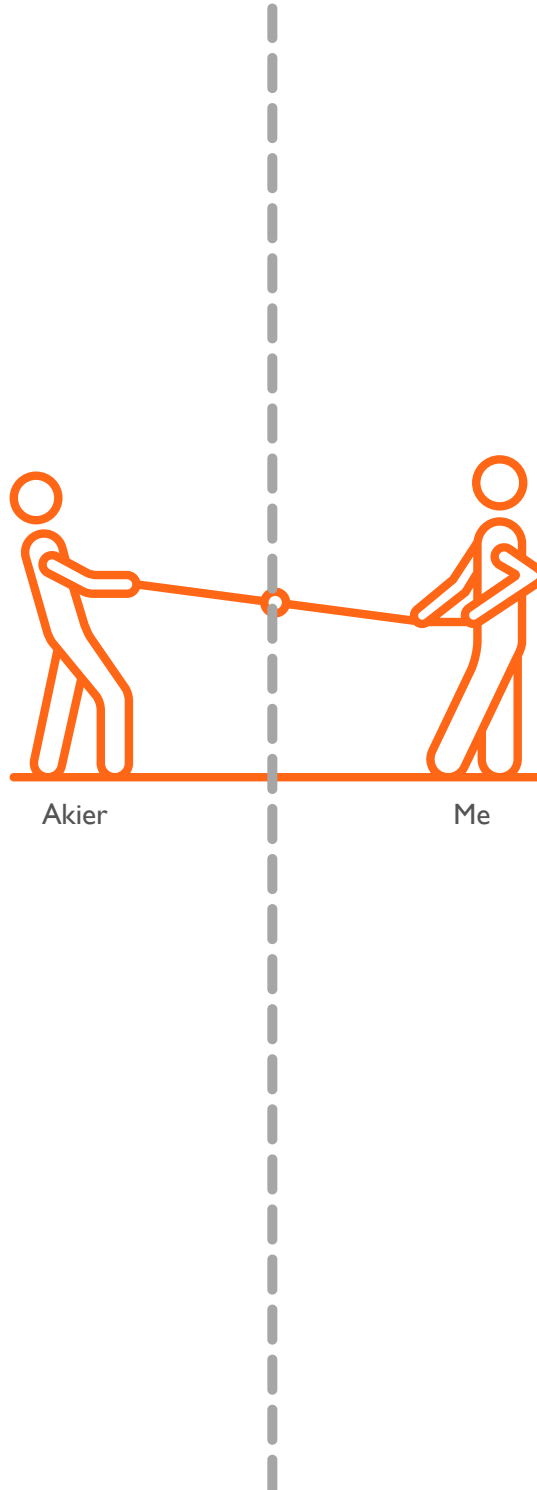


Tug-of-war

How would you go in a game of tug-or-war against Akier?

Would you win or lose?

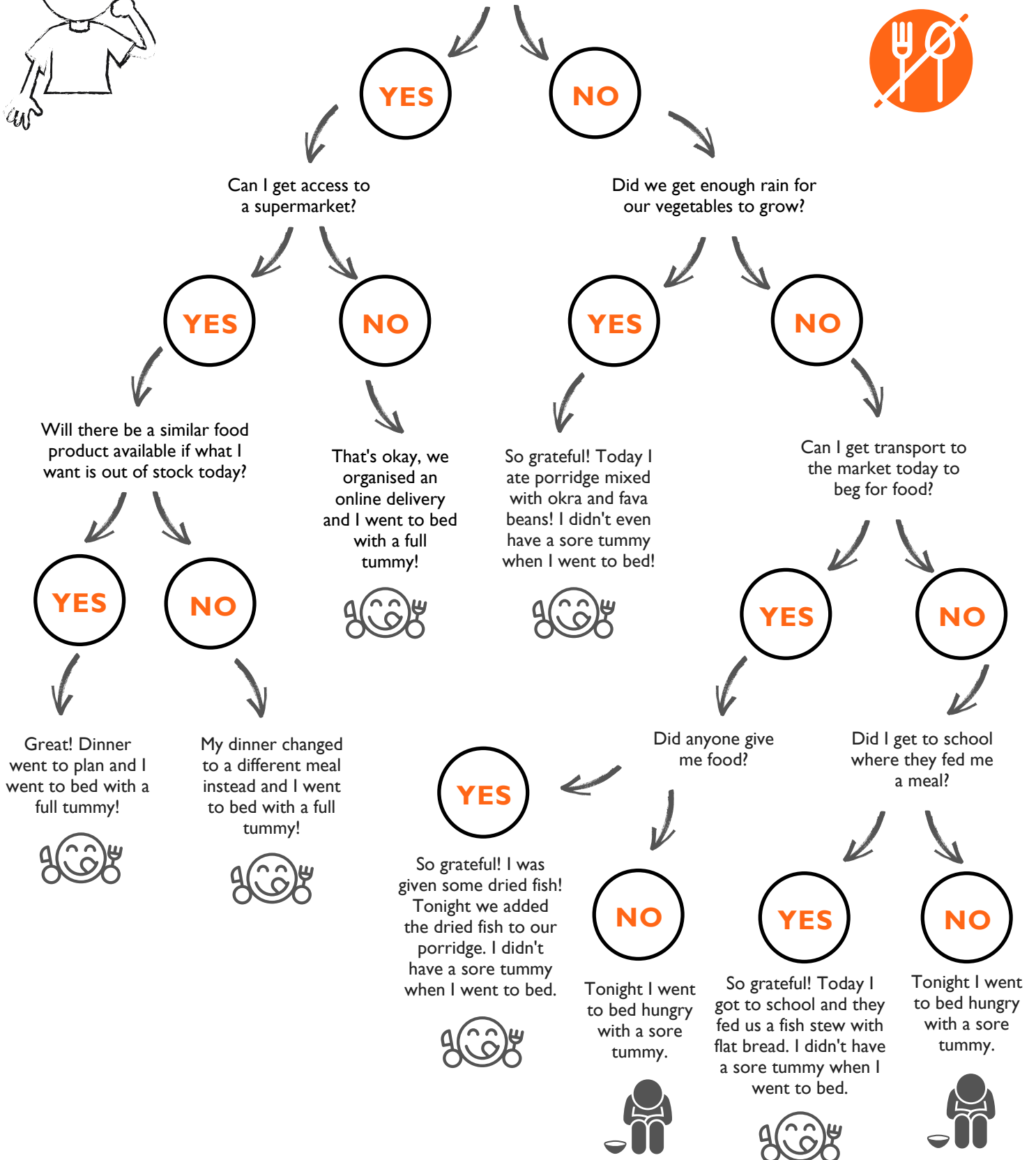
Write or draw the reasons for both sides.





WILL I EAT TODAY? WILL AKIER?



DOES MY FAMILY HAVE ACCESS TO MONEY TO PAY FOR THE HIGH COST OF FOOD?



Thinking about hunger

Personal reflection

Choose one problem for Akier in the decision chart and provide a solution.

	
Problem	Solution



Boom!
If I had a super power, what would it be? How could it help children like Akier?